



CARRIER CONTACT LIST

District Benefits Team Contact Information

District Intranet Page: <https://hr.goldengate.org>

Benefits Email: Benefits@goldengate.org

Benefits Phone: (415) 257-4526

MEDICAL & PRESCRIPTION DRUG PLANS

California Public Employees' Retirement System (CalPERS)

(888) 225-7377

TTY: (877) 249-7442

www.calpers.ca.gov

PERS Gold & PERS Platinum PPO

Included Health

(in Partnership with Blue Shield & OptumRx)

(855) 633-4436 TTY: 711 (Basic/Pre-65)

(Messaging available through Online Portal)

<https://includedhealth.com/microsite/calpers/>

PERS Kaiser HMO

Kaiser Permanente

(800) 464-4000 (Basic/Pre-65)

TTY: (800) 777-1370

(Live Chat available on website)

www.kp.org/calpers

HEALTH REIMBURSEMENT ARRANGEMENTS (HRA) & FLEXIBLE SPENDING ACCOUNTS (FSA)

Navia Benefit Solutions

(866) 897-1996 (Customer Service)

(Monday – Friday, 5:00am – 5:00pm, PST)

www.naviabenefits.com

DENTAL COVERAGE

Delta Dental PPO

(800) 422-4234; TTY/TDD: 711

www.deltadentalins.com

VISION COVERAGE

Vision Service Plan

(800) 877-7195; TTY: 711

www.vsp.com

EMPLOYEE ASSISTANCE PLAN (EAP)

OPTUM EAP

(800) 788-5614

www.liveandworkwell.com

Access Code: 00155

CredibleMind

www.goldengate.crediblemind.com